

THE GLOBAL HEALING MIRACLE EXPERIMENT

Daily Journal



*Applying Dr. Naram's Ancient Healing Secrets
to Heal Yourself & Heal the World*

Namaste, Dear One!



My name is Dr. Clint Rogers and I have spent over 10 years traveling with Dr. Naram, documenting the ancient healing secrets, and helping more people know they exist. I am truly excited and honored that you have joined together with other like-minded people to be a part of not only healing yourself, but through that helping heal the world!

With the help of dedicated and loving people such as yourself, we have created this daily journal as a tool to help you meditate on and implement these ancient healing secrets in your life so that you can begin to experience all the miracles and blessings that are possible for you through your experience of the Global Healing Miracle Experiment!

One key to receive the greatest abundance and benefit from this experience is that you make a **daily practice** of taking at least 5-15 minutes to find a quiet space, calming your mind through breathing slowly and deeply, and asking yourself questions like below and be sure to **write them down** in your daily journal to see how your journey unfolds in miraculous ways!

First thing in the morning...

- What do I want for today?
- What do I want to BE today? (Knowing, Doing, Being — instead of a “To-Do” list, this is your “To-Be” list)

Before you go to bed in the evening...

- What were 3 things I’m grateful for from today?
- What Ancient Healing Secret(s) did I get to practice with love today? (e.g. “Atithi Devo Bhawa”)
- What miracles did I witness today?

On behalf of all of us who are coming together in love, hope and healing, I want to **thank you** for being willing to contribute your beautiful presence and energy in bringing about greater and greater depths of healing for yourself and the world!

Directions on Printing This Journal



You can print out this journal in any way you feel works best for you. Below is simply our suggestion on one way to do that. We hope you find this useful and are always open to suggestions on how to make this better.

In your print settings, since this is designed in landscape orientation, you can print the first and second pages out once and then, as shown in the image to the right, you can print out 8 copies of pages 4 and 5 double-sided, flip pages along short edge, which will give you 32 days of journaling on only 8 pages paper. You can keep these pages together as they are or cut them in half to make storing them easier.

If your printer isn't able to do double-sided printing, then you can manually do that by printing out 8 copies of just page 4. Then take those pages and place them back into your printer's paper tray and print 8 more copies of page 4 on the other side of the paper! You will want to test and make sure you know how to properly place the paper back into your paper tray so it prints as expected. One way to do this is to take a pencil and mark a small "X" in one corner of the paper BEFORE you print. Then notice where this "X" is after it prints and orient appropriately.

We want to be **conscious** of not wasting anything, so if you already have a journal, then feel free to use this simply as a guide for writing in your existing journal.

If you have any issues, please reach out to the Facebook Group or email Jonathan at GlobalHealingMiracleExperiment@heartmindhabits.com for assistance!

We love you and are with!

Date ___/___/_____

Morning Routine

What do I want for today?

What do I want to BE today?

Evening Routine

What am I grateful for from today?

*What Ancient Healing Secret(s) did I get to practice with love today?
(e.g. "Atithi Devo Bhawa")*

What miracles did I see today?

Date ___/___/_____

Morning Routine

What do I want for today?

What do I want to BE today?

Evening Routine

What am I grateful for from today?

*What Ancient Healing Secret(s) did I get to practice with love today?
(e.g. "Atithi Devo Bhawa")*

What miracles did I see today?

Date ___/___/_____

Morning Routine

What do I want for today?

What do I want to BE today?

Evening Routine

What am I grateful for from today?

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(e.g. "Atithi Devo Bhawa")*

What miracles did I see today?

Date ___/___/_____

Morning Routine

What do I want for today?

What do I want to BE today?

Evening Routine

What am I grateful for from today?

*What Ancient Healing Secret(s) did I get to practice with love today?
(e.g. "Atithi Devo Bhawa")*

What miracles did I see today?
