

Ancient Secrets



**Miracle Experiment Game
Journal**

THE MIRACLE EXPERIMENT GAME

You are not reading these words by accident. You may call it a coincidence or synchronicity that this miracle experiment came into your life exactly at this time, right now. Yet there is some unseen force, perhaps even that of your own soul, guiding you to discover even more of the miracles of love and healing available for you to enjoy, and ultimately guiding you to discover even more of the miracle that is you.

And don't worry if it doesn't all make sense at first. I started out as a skeptic. So, if you have any of those parts in you, bring them along, too, and see what happens.

In 2009, I was a university researcher who had no time for 'alternative healing' methods. As such, the universe must have smiled big when I became attracted to a beautiful woman who was very interested in alternative healing, specifically Ayurveda, and we traveled to India together.

In India I encountered the ancient healing world of Dr. Naram. Although I came with a disposition ready to discount and minimize whatever I witnessed, over time the hardness in me melted.



Master Healer Dr. Pankaj Naram with Ancient handwritten Siddha-Veda Manuscripts

People told me Dr. Naram was a legendary master healer whose patients included people like Saint Mother Teresa, H.H. the Dalai Lama, and Nelson Mandela. They said Dr. Naram was part of an unbroken lineage of master healers that went back thousands of years to Master Jivaka, who was the physician for Buddha, and that he had helped millions of people with chronic and acute health conditions like diabetes, high blood pressure, infertility, ADD/ADHD, autism, vitiligo, kidney problems, cancer, weight loss, Parkinson's disease, hormonal imbalance, pre-mature menopause, and on and on.*

Although this made me curious, my ethnocentric view was that if there were indeed any breakthrough methods in medicine or healing, they would come through the highly funded modern research institutions of the West. I was inclined to believe that the brightest minds of modern science working on these challenges would find the best solutions.

* See Medical Disclaimer




“Miracles are examples of right thinking, aligning your perceptions with truth as God created it.” –ACIM

And yet, despite my skepticism, I couldn't deny that Dr. Naram had a way of touching my heart. Even if I didn't have a way to make sense of the amazing healing miracles people were sharing with me, I really enjoyed being with Dr. Naram. His contagious enthusiasm, curiosity, and joy for life somehow made me feel better.


 **"I'm very curious what the impact of applying these Ancient Secrets will be on your life. What new joy will you find?"**

This miracle experiment or game you are about to play is designed for you to have a different experience of yourself and of the world, in which you begin to notice more and more miracles happening in and around you.

Thousands from around the world who have played this game have seen miracles happen in their health, their relationships, their finances, etc. The possibilities are endless. As miracles of love and healing happen for you, I'm curious if you'll notice how it automatically starts to influence others in a way that I call 'contagious healing.'



"Miracles arise from a miraculous state of mind, or a state of miracle-readiness. A miracle is never lost. It may touch many people you have not even met, and produce undreamed of changes in situations of which you are not even aware." –ACIM



Here are some examples of real people and the miracles they have reported while playing this Miracle Experiment Game:

- Anabell (from Germany) prior to the game beginning had gone through the ending of a long-term relationship and was left as a single mom with no money. Instead of panic, she stayed calm and applied the principles of this game. Soon an unexpected source of money came in the form of a car gifted to her and a benefactor who offered to cover all her expenses for an unlimited period of time. Only she didn't need that, as in very unexpected and beautiful ways she discovered other sources of income which more than covered all her monthly needs.
- Elio (from LA) applied the principles and had what he called an 'avalanche of miracles' appear. His back pain went away, financial blessings came, and he reconnected with his child who he hadn't spoken with in years.
- Rajani (from India) struggled with some insecurities and low self-esteem which held her back her whole life. She also used to be scared of crows. As she played this game, a most unexpected friend came to her balcony every day, a crow, and as she saw the divine in this crow, she began to see the divine in herself. Her fears began to melt away, and this new friendship helped her gain more confidence in herself, through which she began to find strength to say "no" to things not healthy for her, and "yes" to things and to people who are.

- Radu (from Romania) followed the principles in this game/experiment and had the desire to let go of a grievance that occurred 35 years prior, when he was a teenager. The grievance happened with a family in his area, who he now hadn't seen or heard from in over 20 years. Only about a half hour after following one of the Ancient Secrets, Radu and his wife were in the park, and he was shocked to see the father of this family appear, walking in this park. After only 5 minutes of discussion, the whole pain/grievance disappeared into forgiveness, love, and a state of awe.
- Luiza (from Brazil) had severe knee pain, which her doctor said was stage 4 cartilage damage. She followed the principles of this game and a home remedy from the book, Ancient Secrets of a Master Healer, and within a few weeks noticed the pain was significantly less. When she returned to the doctor, he was confused as her knees had dropped from stage 4 to only stage 2 damage now. As a result of this experience, Luiza started helping other people on the miracle calls to know what to do for their knee pain.



“There is no order of difficulty in miracles. One is not "harder" or "bigger" than another. They are all the same. All expressions of love are maximal.” –ACIM

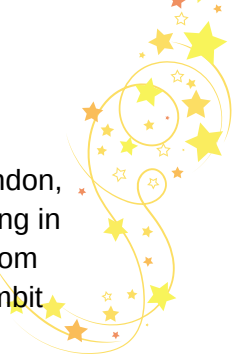
- My mom (from USA) was one of the ones who heard Luiza share her story, and so she started to do the same things. Prior to this, my mom was experiencing a lot of pain in her knees even walking to the neighbors' house and considering driving that short distance. Within the short time of only a few days, my mom was excited to notice her knee pain was disappearing, and has since helped many other people apply the Ancient Secrets to reduce pain and see other miracles, too.
- Maya (from Barcelona) was hearing from others playing the miracle game of mystical experiences they were having. Dozens of people around the world were reporting experiences where either Dr. Naram or another loved one appeared to them in a dream or some vision, and helped them heal deeply, changing their lives. Before she went to sleep, she asked in her heart if Dr. Naram would visit her in her dreams. When she woke up, she was surprised to vividly remember a dream she had that night where she saw Dr. Naram helping people, and a book on the table in which he colored in many rainbows. She saw there were also many more rainbows left to color in. At first, she didn't know what it meant. She asked her heart, “What does this dream mean?”, and soon after she saw this quote: “Be a rainbow in someone else's cloud” ~Maya Angelou. Suddenly it hit her - this is what Dr. Naram was for so many people in their time of deepest need and darkest hour - a rainbow. And she decided this is what she wanted to be for others, too. She immediately started to do more for others in need, and in the process as she saw more miracles unfold, it totally changed her life (and theirs too).

“Be a rainbow in
someone else's cloud”
-Maya Angelou





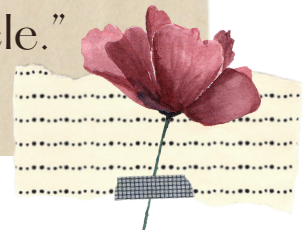
(There are countless other stories I could share here, too: Afsaneh from Iran living now in London, Jayna from Georgia, Theresa from UK, Francesca from Italy, Cornelia from Germany now living in the Bahamas, Christel from Switzerland, Gabriella from Slovakia, Amrutha from India, Mike from USA, Ann from Pennsylvania, and on and on. You can see more of their stories, and also submit your own miracle stories of what happens for you here: MyAncientSecrets.com/Miracles).



How Does This Work?

Think of it this way. Right now, at this moment, pause and take a minute to listen to the sounds that are around you. Pay attention to any sounds which may find their way to your ears. Maybe you'll hear the chirping of birds, the sounds of traffic, voices in the distance, or whatever sounds your house may be making. Many of those sounds were happening, you just didn't notice because you were not paying attention to them.

"There are only two ways to live your life.
One is as though nothing is a miracle. The
other is as though everything is a miracle."
– Albert Einstein



Now, at the same time, there are an almost infinite amount of even more kinds of sounds and even music in the air - which you are not aware of - until I give you a radio or electronic device, and you tune it to a particular frequency. As soon as you tune the radio or electronic device to a particular frequency, you can suddenly hear a concert, an opera, or some popular music band. Those songs were in the room with you all the time (the radio or electromagnetic waves were with you), but you simply did not hear them until you 'tuned in' to the right frequency.

In a very similar way, your life is already filled with miracles, although most of them are happening below the level of your conscious awareness. They are in a space of potentiality. By playing the Miracle Experiment Game, you will be opening up your conscious mind to notice, appreciate, and enjoy the miracles around you. In addition, you will be inviting - like a magnet - even more mystical miracles of love and healing into your life. And you will likely be surprised how, as a result of you playing this miracle game, you will become the miracle in the lives of so many others.



When you align yourself with truth of life/love - life/love supports your trust in those truths by exposing you to more miracles.

These Ancient Secrets are not based on any religion, they operate beyond that in a way that can benefit everyone. For example, think of electricity and how it just works independent of where you come from or what religion you may belong to. In a similar way, these Ancient Secrets just work and can help you, no matter your background, to become a healthier, happier, more fulfilled person.



- PERSONAL STORY -

HOW THIS GAME CAME TO BE

How did this Miracle Experiment Game come to be, and what does it mean for you?

Several years ago I gave a TEDx talk, and in 2019 published a book, both with the name Ancient Secrets of a Master Healer. The book has the subtitle, "A Western Skeptic, an Eastern Master, and Life's Greatest Secrets," and as I mentioned earlier, I was very much a skeptic.



In the book and TEDx talk, I describe the key experiences which melted away my skepticism. In its place I developed something beyond faith, it was a 'knowing', based on practical experience, of a totally different world. This new world was one full of incredible experiences, which I never previously knew existed or thought were possible.

And while I'm humbled that the TEDx talk has already been watched and shared by millions, and I'm in awe the book is already being translated with love by volunteers around the world into 30+ languages - what has truly captured my heart is... You. I've met people from every country around the world now, sharing stories of how by applying these simple principles, these 'Ancient Secrets', their whole life has changed. Their experiences have convinced me that big results can come from making very small changes, and how predictable and profoundly effective these simple principles are. When applied, these Ancient Secrets are creating a wave of 'contagious healing' around the world.

When this journey began for me, meeting legendary master healer Dr. Naram, I could have never anticipated that I'd be witnessing so many miracles as a daily occurrence. Or that I'd discover these 'miracles' were the natural consequence of understanding and applying an ancient science.



"I am realistic – I expect miracles." – Wayne Dyer

I never expected that Dr. Naram would so profoundly help people I love most, and that I would end up traveling with him for more than 10 years to cities and countries all over the world. I had no idea so much of my life would be spent documenting thousands of 'miracle' stories, supported by medical reports or other documentation.

And who would have ever guessed that after Dr. Naram's passing, I would be so deeply depressed that the only thing which could take me out of that space was a mystical street dog?





HOW THIS GAME CAME TO BE

-CONTINUED-



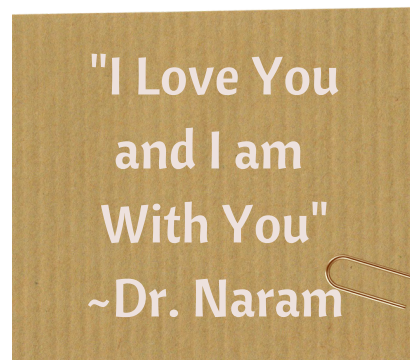
He arrived in my darkest moment, when I couldn't sleep and was walking the streets of Mumbai at about 5am.

This curious dog literally found me when the depression was so thick the pain and grief seemed unbearable I didn't know if I could go on, and then he followed me around all day. His unexplainable presence in following me helped slowly melt away the depression, and left me instead in a state of wonder and awe.

At night, this mysterious dog would not let me out of his sight, and would bark unless he came in my home, and would only rest if he slept right next to my bed with my hand on his head.

For the next 7 months when the airports closed due to COVID, and I was stuck in India, this dog, who I came to call Miracle Milo, was my constant companion and my best friend. He reminded me of the Ancient Secrets Dr. Naram taught me, and through his appearance and friendship helped me to see that miracles were possible every day.

Milo's appearance brought me to a space in which certain principles, Ancient Secrets, that Dr. Naram taught me became so alive - such as "Atithi Devo Bhawa" (which means to treat the unexpected guest as if god/goddess himself/herself has come to you).



Through this experience I also wondered if these secrets could be applied by anyone, in order to see more mystical miracles of love and healing unfold in their lives. And that is when I put out the first invitation for people to join a Miracle Experiment Game, in March of 2019. I imagined a dozen friends would join, but was shocked when over 300 people joined. The miracles I saw happen for people astounded me, and then it just grew from there.

During the second Miracle Experiment over 1,500 participated and an amazing thing happened. People around the world recognized the value of these Ancient Secrets in such a way that volunteers started translating the book into 30+ languages, all led by one person in the Netherlands named Jennie. Their service came with more miracles. I've witnessed that those translating the book, and others helping serve in various ways to move this work forward, have experienced some of the most amazing miracles in the process.

To see some of their miracle stories you can go here: MyAncientSecrets.com/Miracles.



It is humbling to witness that by now millions of people around the world have already benefited (through the book, the TEDx talk, and this Miracle Experiment Game), and things continue to grow.

Which brings me back to You.

What led you here, now?

What is really possible in your life, beyond what you may have ever yet expected?

There is a quote in the book, Ancient Secrets of Master Healer, that says

**"You could go up to almost anyone and instead of asking "How are you?",
you could ask instead, "Where does it hurt?"**

What hidden wounds in you are now ready to be healed? What dark corners inside of you are now ready for the illumination of light?

What mystical miracles of love and healing are just waiting to bless you and those you love, as soon as you follow your heart, and commit 100% to doing this Miracle Experiment?

What amazing music is ready to be heard in your life, as you simply 'tune in' your vibration to the right frequency? Let's find out, shall we?

**"A miracle is a shift in perception from
fear to love." (A Course in Miracles)**

INSTRUCTIONS TO PLAY

The instructions for this Miracle Experiment (beginning October 17, 2021) are posted online here:
www.MyAncientSecrets.com/MiracleExperimentExperience

The Miracle Experiment Game (MEG) is a part of the overall Miracle Experiment Experience (MEE). The Miracle Experiment Experience involves connecting you to play the game with a global community (a 'miracle family') of people around the world who will help to magnify the impact of the game.

Welcome to an amazing global family, in which love and healing are contagious, based on the intro quote to 'Ancient Secrets of a Master Healer'.

"I didn't come to teach you. I came to love you. Love will teach you."

If you commit to giving your 100% over the next 30 days, you will enjoy witnessing in awe what mystical miracles of love and healing are possible in your life.

This journal will help you track your progress each day.



"I Love You and I am With You." – Dr. Naram

This quote has become so meaningful to the Ancient Secrets Community. It reminds us of Dr. Naram and his heartfelt passion about spreading his powerful healing lineage to be shared in every home across the world. We feel the connection, the deep love and support we all share with each other, and are learning to build within ourselves. We radiate our gratitude for all the miracles we receive within ourself, within our community, and throughout the world.



"Love is one of the most powerful forces in you. Never under estimate what it can do." ~Dr. Clint



Self Love & Gratitude

Please use this space to reflect on yourself and the wonderful being that you are. Place your favorite photo of yourself into the photo frame. Each day start by looking first at this page. Take time to LOVE yourself, and honor the true miracle that you are, while you focus on 'What Miracles Do You Want for Today?'

Repeat 6 times - at least twice each day to yourself, taking deep breaths, with deep passionate heartfelt intention...

"I love you (your name here) and I am with you always."



Day 1

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied “Atithi Devo Bhawa” or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:



Day 2

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied “Atithi Devo Bhawa” or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:

Day 3

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied “Atithi Devo Bhawa” or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:



Day 4

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied “Atithi Devo Bhawa” or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:

Day 5

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied “Atithi Devo Bhawa” or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:



Day 6

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied “Atithi Devo Bhawa” or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:

Day 7

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:



Day 8

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:

Day 9

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied “Atithi Devo Bhawa” or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:



Day 10

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied “Atithi Devo Bhawa” or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:

Day 11

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:



Day 12

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:

Day 13

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:



Day 14

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:

Day 15

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:



Day 16

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:

Day 17

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:



Day 18

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:

Day 19

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:



Day 20

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:

Day 21

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:



Day 22

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:

Day 23

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:



Day 24

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:

Day 25

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:



Day 26

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:

Day 27

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:



Day 28

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:

Day 29

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:



Day 30

Morning: What do you want (from today)?

Evening: What are 3 things you are grateful for?

(i.e., what miracles did you see today as you applied "Atithi Devo Bhawa" or other Ancient Secrets)

- 1)
- 2)
- 3)

More Gratitude:

“A grateful heart is a magnet for miracles.”



“If you don’t believe in miracles, you may have forgotten - you are one.”

“Miracles are the natural outcome when you align with truth” - Gerald Rogers



*** IMPORTANT DISCLAIMER**

There are no specific 'miracles' that are guaranteed or promised as a part of playing this game. The hope is that you will come to view your life itself as a miracle. Even if some specific things have happened for others in the past, it does not mean those same things will happen for you. It is an experiment, and lots of the results will vary depending on you and your circumstance. You can increase the chance of amazing things happening if you participate fully and give your 100%.

Additionally, although many people who have played the Miracle Game have also seen great results in their health, the game and the mentors who are part of the MEE are not here to resolve your health challenges. For any medical related questions, please contact your doctor. Please refer to our full Medical Disclaimer online.



If you want to discuss any particular situation, you can also reach out to one of the Vaidya's trained by Dr. Naram through setting up a consultation at this link (and when booking through this link, money is automatically donated for the Ancient Secrets Foundation for the orphan home in Nepal): www.AncientSecretsFoundation.org/Consultation

More resources and instructions for this Miracle Experiment (beginning October 17, 2021) are posted online here: www.MyAncientSecrets.com/MiracleExperimentExperience

“When you change your life for the better, the whole world changes around you. Love and healing are contagious.” - Dr. Clint G Rogers

